

Unit 4. Building Resiliency

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Course Description:

Participants will work in creating definitions of youth violence and will examine the factors that lead to youth violence and how they can avoid falling on this trap. They will learn how building self-resilience, stabling goals and maintaining parent/guardian-child communication can help to prevent them from becoming victims of bullying and gang violence.

Goal:

Youth will develop resiliency skills through the seminars on youth violence, bullying and gang violence prevention. This course promotes parent-child communication and emphasizes self-responsibility.

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