





ASPIRA Parents for Excellence

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The mission of the ASPIRA Parents for Educational Excellence Program (APEX) is to increase the involvement of Latino parents in their children's education by helping them learn about the intricacies of negotiating change and



improving education in their

communities.

The APEX Program has served as a model program in the area of community empowerment through parental involvement. The curriculum, which is available in English and Spanish (see below), consists of an intensive workshop series for parents which culminates in a graduation ceremony. The APEX Workshop Series consists of two manuals, the first of which is the **APEX Workshop Series Manual** which includes the following ten workshops for parents:

- Self-Esteem
- Why is Education Important?
- The Home Connection
- School Structure
- What Does Parental Involvement Really Mean?
- The Importance of Communication
- Involvement With Schools
- Organizing Parent Networks
- Group Dynamics
- An Effective Facilitator

After completing the workshop series, many APEX graduates choose to enhance their leadership development skills by becoming facilitators of the program. Parents are trained using the **Manual for APEX Facilitators**. In this way, APEX reaches its goal of training parents to pass on their knowledge to other parents.

To understand how best implement the program please study the attached Implementation Manual.

About APEX

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The APEX program consists of ten workshops that are available in both Spanish and English. The goal of the APEX program is to increase the involvement of Latino parents in their children's education as well as to enhance the effectiveness of those that become involved in supporting, monitoring, and advocating for their children's education.

Parents who have used the curriculum report that they have had great success in utilizing the suggestions in the APEX manual. From creating a quiet study space at home to becoming local school council members, APEX program participants have been able to significantly increase their involvement in their

Summaries of the APEX Workshop series are available on this site, under the heading "manuals." If you would like to find out how you can purchase the APEX manual, or would like to start this program in your community please contact us.

APEX Manuals

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APEX Parent WorkShop Manual

Spanish APEX Workshop Guide

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