

English HIV Curriculum

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This manual is divided into eight chapters. Each chapter provides clearly stated objectives, a script for the facilitator, and Tools for participants and facilitators. Please click on the links to download desired sections of this manual.

[Table of Content & Introduction](#) [2]

[Theoretical Framework](#) [3]

[HIV-AIDS Getting Started](#) [4]

[Glossary](#) [5]

Chapter I, What Adolescents Should Know, gives youth an opportunity to gain a better understanding of HIV and AIDS. Youth will also learn how HIV is transmitted and how to prevent HIV infection. [Click here](#) [6] to download Chapter 1.

Chapter II, Parents and HIV Prevention, provides parents with an overview of the facts about HIV and AIDS. They will review the scope of the HIV/AIDS epidemic, what the differences of HIV and AIDS are, how HIV is transmitted, prevention methods, testing approaches and information resources available to families. In addition, this chapter focuses on improving parent-youth communication about HIV, abstinence and making healthy decisions. [Click here](#) [7] to download Chapter 2 and [Chapter 2 tools section](#) [8].

Chapter III, Dispelling Myths, reviews how HIV is transmitted and specifically focuses on deconstructing myths of how people become infected. It reinforces prevention messages and provides information on HIV testing methods. [Click here](#) [9] to download Chapter 3 and [Chapter 3 tools section](#) [10].

Chapter IV, HIV Prevention and Drug Use, reviews how the use alcohol and other drugs places youth at risk for HIV infection. Also provides is information on resources in their community. [Click here](#) [11] to download Chapter 4.

Chapter V, Understanding Our Personal Values and Interests, reinforces HIV transmission and prevention information and places youth in a "real-life" context where they can apply the information they have learned and effectively assert their values. [Click here](#) [12] to download Chapter 5.

Chapter VI, Goal Setting, Decision Making and Communication, provides youth with a model for effective decision-making. It provides exercises for helping youth look at their options and using their values to make sound decisions. Youth will also explore their inner strengths and map out future goals. [Click here](#) [13] to download Chapter 6.

Chapter VII, HIV-AIDS Community Service, students learn one method of decisionmaking. They practice looking at their options and using their values to make sound decisions. Youth think about their situations and build their self-esteem by articulating their beliefs in an assertive and positive way. [Click here](#) [14] to download Chapter 7. **Chapter VIII**, HIV-AIDS Web Based Information Resources. [Click here](#) [15] to download Chapter 8.

URL de origen: <http://www.aspira.org/es/english-hiv-curriculum>

Enlaces:

- [1] <http://www.aspira.org/es/user/login?destination=comment/reply/399%23comment-form>
- [2] <http://www.aspira.org/files/documents/HIV/Introduction3.pdf>
- [3] <http://www.aspira.org/files/documents/HIV/framework.pdf>
- [4] <http://www.aspira.org/files/documents/HIV/GettingStart.pdf>
- [5] <http://www.aspira.org/files/documents/HIV/Glossary.pdf>
- [6] http://www.aspira.org/files/documents/HIV/ch_1.pdf
- [7] http://www.aspira.org/files/documents/HIV/CH_2.pdf
- [8] http://www.aspira.org/files/documents/HIV/CH_2_tools.pdf
- [9] http://www.aspira.org/files/documents/HIV/CH_3.pdf
- [10] http://www.aspira.org/files/documents/HIV/CH_3_mythtools.pdf
- [11] http://www.aspira.org/files/documents/HIV/CH_4.pdf
- [12] http://www.aspira.org/files/documents/HIV/CH_5.pdf
- [13] http://www.aspira.org/files/documents/HIV/CH_6.pdf
- [14] http://www.aspira.org/files/documents/HIV/CH_7.pdf
- [15] http://www.aspira.org/files/documents/HIV/CH_8.pdf