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ASPIRA and the U.S. Federal government are working to improve your life and the life of your family. The government offers free resources in English on [USA.gov](#) [3] and in Spanish on [GobiernoUSA.gov](#) [4].

These resources can enable you to achieve your dreams, such as [starting a business](#) [5], [buying a house](#) [6], [achieving financial success](#) [7] and [helping your kids with their educational goals](#) [8].

For more information, please [contact us](#) [9] via e-mail or mail, or call 1-800-FED-INFO (1-800-333-4636) where service is available in English and Spanish.

Education and Training

Educational resources for parents, teachers, and students of all ages.

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Jobs and Volunteerism

Find a job in the Federal government and learn about workers' rights.

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Receive updates via e-mail every time USA.gov is updated. Sign up for [e-mails](#) [16] and [RSS](#) [17] >>

Take our Virtual Tour

Learn more about how to find government information and services online.

[Get started now](#) [18] >>

Money and Taxes

Learn about how to obtain credit, solve your credit problems, and file your taxes online.

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Health and Nutrition

Take care of your health and the health of your family.

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Tell Others About USA.gov

Spread the word about USA.gov by linking your website or blog to our site.

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Immigration and Citizenship

Learn about the citizenship process and much more.

Government Benefits, Grants and Financial Aid

Find information about grants, loans, financial aid and other

benefits.

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Family, Home and Community

Businesses and Nonprofits

Learn how to buy or rent a home
and find resources to help your
family.

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Learn how to start your own
business or grow your existing
business.

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URL de origen: <http://www.aspira.org/es/usagov-us-government-resources>

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