Course Title: The Role of the ASPIRA Academic Advisor

Course Number: AAT – 102

Course Description:

After completing this course, the ASPIRA Advisor will be able to understand their role as an ASPIRA Advisor, know and practice the ASPIRA Best Practices and standards for working with students; know and practice academic and personal advisement policies, develop cultural competency skills; be experienced in how to establish empathy (rapport) with clients; understand group dynamics; and will know the characteristics of an effective facilitator.

Course Duration: 3 hours

Course Outline:

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| Student Advisors will increase their effectiveness in student/youth development. | Advisor will understand the framework for ASPIRA Advisors in working with students and promoting postsecondary education. | Advisors will learn some fundamental skills required for advising students and promoting postsecondary education. | Study the attachment **AAT-102 Role of ASPIRA Advisors** to learn more about your job responsibilities at ASPIRA.  

As an effective academic advisor you must recognize students rights in school. Please review the attachment **AAT-102 Students Rights in Schools** to learn more about this subject.  

ASPIRA is a youth development organization. Your role as an ASPIRA Advisors is to promote youth development through education. Visit the following Web sites and learn about youth development:  

Read article: *The Importance of Counselors by the American School Counselor Association* and see how your role is very similar to that of school counselors.  

Read: *[Improving Academic Achievement: What School Counselors Can Do]* by Duane Brown |

| | Advisors will learn the ethical standards applicable to advising students. | Study the [ethical standards for schools counselors promoted by American School Counselor Association](https://www.schoolcounselor.org) |  |

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| | | | **Study the attachment **AAT-102 Role of ASPIRA Advisors** to learn more about your job responsibilities at ASPIRA.**  

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Read: *[Improving Academic Achievement: What School Counselors Can Do]* by Duane Brown | **Study the [ethical standards for schools counselors promoted by American School Counselor Association](https://www.schoolcounselor.org)** |  |
| Advisor will understand the framework for ASPIRA Advisors in working with students in career development. | Advisors will learn some fundamental skills required for career advisement. | Visit the [National Career Development Association’s web page on Career Counseling Competencies](https://www.nationalcareerdirectory.org/competencies) and learn about the competencies recommended for career counseling. Read the following articles and learn about counseling approaches and issues in career counseling: 

*Career Counseling: an Emotionally Intimate Relationship Requiring Ethical Consideration* by Sharon Anderson: 

*Working with Resistant Clients in Career Counseling* 

Visit the following on-line resources: [Occupational Outlook Handbook](https://www.bls.gov/oes/2018/o*  |
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| Advisor will review basic concepts for the advisement process. | Advisors will learn some key parameters for advisement. | Study the [Internet Resources for Guidance Personnel](https://www.nationalcareerdirectory.org/competencies) 

Read the following articles and learn about the role of the advisor: 

*Counseling and Educational Excellence: A Response to “A Nation at Risk”* by Garry Walz 

*Improving Academic Achievement: What School Counselors Can Do* by Duane Brown |
| Advisors will learn how to provide assistance to ASPIRA Club Leaders. | Academic Advisors will learn about the ASPIRA Clubs structure and function. | Visit the [ASPIRA Clubs web site](https://www.aspiroclubs.com) to learn more about the structure and function of the clubs. |
| Advisors will learn about Robert Rules of Order to assist with ASPIRA Clubs. | Visit the following sites and learn about parliamentary procedure and Roberts Rules of Order |
| Advisors will review cultural considerations in working with students. | Advisors will learn some fundamental cultural competency skills useful in working with diverse populations. | Study the article *Multicultural Considerations for Latino Clients* and learn about cultural competency issues. Identify cultural competency skills you may need to develop.  
Read the article: *Cultural Values of Latino Patients and Families.* |
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| Advisors will review cultural considerations in working with students. | Advisors will learn some best practices in working with students. | Study attachment *AAT – 102 ASPIRA Best Practices* and learn about ethical practices in working with students.  
Visit the following on-line resources and identify other best practices useful to your work with students:  
American School Counselor Association, *The National Standards for School Counseling Programs*  
National Association for College Admission Counseling  
American Counseling Association |
| Advisors will review case studies and will discuss with their local facilitators how to apply best practices to each of the cases. | Study the presentation *AAT-102 Case Studies* and evaluate how you would handle each case. |
| Advisors recognize web resources available for counseling students. | Advisors will learn about available resources for advising and counseling students. | Visit and explore the following on-line resources:  
*Education World*  
*US Department of Education: Think College*  
*Hispanic Academic Achievers Program* website on College Readiness |
Advisors will recognize the importance of a referral network for assisting students.

Advisors will establish a referral network.

Using your local phone book, and/or making a search on the web develop your own list of referral resources to assist you in your work. Prepare this list using Microsoft Word or Excel. Please include agency name, type of service provided, contact person, address, phone number, fax, e-mail address and web site.

**Evaluation:**

**Short Term**
After completing the above learning activities, the Academic Advisor will prepare a two-page (maximum) paper describing how they would work with vulnerable students challenging students, students with disabilities, potential drop-outs, students in poor academic standing, etc.

Advisors will develop list of resources and a referral list that will assist them in their work.

The above will be made part of the trainee evaluation portfolio.

**Long Term**
Advisors will select five real case studies where ASPIRA’s Best Practices have been utilized.

The academic advisor will provide a statistical report on students served and outcomes derived, such as the number of students going to college, and receiving financial aid.